

"Three Little Birds"

Don't worry about a thing
'Cause every little thing gonna be all right
Singin' Don't worry about a thing
'Cause every little thing gonna be all right

Rise up this mornin'
Smile with the risin' sun
Three little birds
Pitch by my doorstep
Singin' sweet songs
Of melodies pure and true
Sayin', This is my message to you-ou-ou

Singin' Don't worry 'bout a thing
'Cause every little thing gonna be all right
Singin' Don't worry 'bout a thing
'Cause every little thing gonna be all right!" **(Repeat)**

Words and music by Bob Marley

SPRING WORSHIP THEME: WALKING THE TIGHTROPE

A Six-Week Focus on Keeping our Balance

April 28 – June 2

Different aspects of maintaining a balanced and grounded lifestyle in the face of competing demands on our time and energies during the busy season.

4/28 **Walk the Tightrope** - What is Biblical balance? Sustaining our equilibrium.

5/5 **Plan, Prioritize, Decide**. What is most important and how can I accomplish it? Acting on commitments vs. reacting to what is urgent or demanding.

5/12 **Work Hard, Work Smart!** - What is our theology of work? A 'working' definition of Profitable and productive Labor.

5/19 **Recharge and Recreate**.- How do we define Biblical rest? Making time for ourselves and others.

5/26 **Stay Healthy**. - How do we preserve our emotional, physical, spiritual and psychological health during stressful and demanding seasons of life? A 'Fitness Plan'

6/2 **Hang on Tight!** Wrap-Up.... What can we do to hold on to all that we've considered? Putting it all together for another busy season.

OPPORTUNITIES TO SERVE

- Resources available in rear of Sanctuary: "Praying Through Scriptures" and "Easter Reflections" from Our Daily Bread
- Please see Pastor Peter about being a Worship Assistant
- Ushers and coffee hour hosts needed weekly (sign up on bulletin board)

PRAYER REQUEST LIST

Joys

Edie Blane is doing better every day!

Friends and Family of Departed

Kathleen Donnelly, Mary D's daughter

General Prayer

Robbie Closter – recovering from surgery to remove brain tumor

Lew Gaffett – continuing treatments

Phyllis Lacoste – multiple medical issues

The Martins in NYC- Eric is being treated for lymphoma, Sharon is starting a new job

Judy Mitchell's cousin Anita -- cancer

Judy Mitchell's granddaughter Alyssa – health concerns

Bob Rose (Jamie's dad) – in hospital, recovering from heart attack

Sam Spak – lymphoma treatments

Frances Thatcher (Greenlees' friend) – cancer

Diane Tripler – healing for her eye

John Henry Tripler – continuing treatment for ALS

Nation & World

All leaders: guidance toward peace, justice and tranquility

Tranquility in the Middle East

Families of victims of bombings and shootings in houses of worship

Families and farmers impacted by flooding along the Mississippi